

Summer SuperKids - 12-17 August 2013

We welcomed 20 SuperKids (and Teens) through our doors for a 6 day mission to explore a different adventure every day:

Day 1 - Magical Adventure

SuperKids arrived and were issued with their "passport to fun" and asked to declare any Super Powers they had brought on their journey. The magic started with balancing peacock feathers, spinning plates and working the devil stick like a pro.

Day 2 - Space Adventure

"Commencing countdown, engines on!"

- 10 - Build your Rocket (Creativity)
- 9 - Crater Game (Play)
- 8 - Walking on the Moon (Dance warm-up)
- 7 - Moonsand in your hands (Sensory experience)
- 6 - Spaceman breathing - helmets on (Breathe)
- 5 - Sun Salutation (Stretch)
- 4 - Reach for the Star Cards (Positive affirmation)
- 3 - Journey into Space (Meditation)
- 2 - Come back down to Earth (Grounding)
- 1 - Collect your souvenir (Gift/reminder)

Day 3 - Sea Adventure

Imagine how many sea creatures we discovered with so many creative minds and how they felt as we did peer massage.

We found the:

- octopus tentacles
- lobster pinch
- star fish press
- crab crawl
- shimmery seaweed and many more.

Day 4 - Jungle Adventure

Not quite The Lion King at the Palace Theatre but along those lines - we made shakers and rain sticks and were painted like lions and performed the jungle story using an array of musical instruments.

Day 5 - SuperKids Adventure

How brilliant would it feel to be able to fall and be caught, to get a hug when you ask and to fly like a superhero. Our SuperKids know all about teamwork now as they helped each other build confidence and trust in "I Want to Fly".

Day 6 - Celebration Day

Everyone joined in for a taste of each of the previous adventures. So the parents joined their children in creative and fun activities.